

UNIVERSITY HOSPITAL IN OLOMOUC ACTIVE APPROACH IN SMOKING PREVENTION

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INTRODUCTION

The University Hospital in Olomouc („Fakultní nemocnice Olomouc“ – „UHOL“) has been a member of the HPH international network since 2011. In September 2014 the hospital proved a high level in the fulfilment of HPH standards, and obtained a HPH gold certificate after passing the WHO external audit. The next step of the UHOL management in support of healthy lifestyle of both employees and patients was the decision to join the European Network for Tobacco Free Healthcare Services (ENSH), adopted in January 2016. This objective is also part of the UHOL Strategy for the period 2014-2020; namely of Strategic Objective 3 – To improve the human resource management policy.

GOALS / METHODS

A work team responsible for the fulfilment of the objectives and implementation of standards was formed. The UHOL management signed an accession letter, and the work team members prepared a self-evaluation questionnaire, evaluating the present level of the fulfilment of 10 ENSH standards. UHOL became a member of ENSH in June 2016.

- The next step was to educate UHOL employees; a workshop named „Nurses Help Quit Smoking“, was organized.
- In November 2016 a questionnaire survey was organized, focused on mapping the opinions of UHOL employees on smoking.
- From 2016 the places intended for smokers will be limited.
- The fulfilment of the objectives and implementation of ENSH standards and HPH network will be easier thanks to the long existence of the Centre for Tobacco Addicts. The Centre focuses not only on treatment of patients, but also offer help to the hospital staff.

RESULTS

The workshop was attended by dozens of employees, predominantly nurses, who educate both patients and their colleagues in individual clinics. The next step is to familiarize all new employees with the principles of tobacco free hospital.

1,105 respondents, i.e. app. 30% of all workers, took part in the online questionnaire survey, focused on employees' opinion on smoking.

The result supports the UHOL intention, 52% of respondents say they have never smoked. UHOL endeavours to actively influence the broad public in the approach to tobacco, provides information about services of the Centre for Tobacco Addicts, and prepares the „No Tobacco Day“, an educational event for the public, every year, as well as doors open day, and educational materials.

CONCLUSIONS

The UHOL management puts emphasis on healthy lifestyle of both their patients and employees. In their current concept they clearly formulate the measures for the protection against tobacco products. The hospital has its own logo of a tobacco free hospital, located visibly on the hospital buildings.

The University Hospital in Olomouc treats its participation in the HPH network and ENSH as very beneficial and needed.



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